

## May



## Lunch

## Cheektowaga Middle School



Monda	ıy	Tuesday	Wednesday	Thursday	Friday
CINO MAN			SGHOOL LUNCH HERO DAY	1 Mozzarella Cheese Sticks w/Dipping Sauce	2 LUNCH HERO DAY! Chicken Finger "Hero" Sub
			Say "Thank You" to your Lunch Ladies on Friday 5/2!	NYS Potatoes 1/2c Steamed Carrots 3/4c Fresh Fruit or Fruit Cup 1/2c Milk-8oz	1C Romaine Lettuce=1/2c Steamed Broccoli 1/2c Fresh Fruit or Fruit Cup 1/2c Milk-8oz
5 Cinco De Taco in a Seasoned	Bag	6 Rotini with Meat Sauce	7 Cheeseburger on Bun	8 Popcorn Chicken Mashed Potatoes/Gravy	9 Macaroni & Cheese WG Dinner Roll
Green Bear Sweet Potato Fresh Fruit or Fr Milk-80	oes 1/2c uit Cup 1/2c	Vegetarian Beans 1/2c Seasoned Corn 1/2c Fresh Fruit or Fruit Cup 1/2c Milk-8oz	Green Peas 1/2c Steamed Carrots 3/4c Fresh Fruit or Fruit Cup 1/2c Milk-8oz	Mixed Veggies 1/2c Sliced Cucumber 1/2c Fresh Fruit or Fruit Cup 1/2c Milk-8oz	1C Romaine Lettuce=1/2c Steamed Broccoli 1/2c Fresh Fruit or Fruit Cup 1/2c Milk-8oz
12 Chicken Fi NYS Ch		13 Chicken & Broccoli Alfredo	14 Cheeseburger on Bun	15 Nacho Grande	16 National Pizza Day!! Pizza (Chicken Ranch)
Celery Sticl Carrot Sticl Fresh Fruit or Fr Milk-80	ks 1/2c uit Cup 1/2c	Baked Beans 1/2c Roasted Corn 1/2c Fresh Fruit or Fruit Cup 1/2c Milk-8oz	Mixed Vegetables1/2c Baby Carrots 3/4c Fresh Fruit or Fruit Cup 1/2c Milk-8oz	NYS Potatoes and Onions 1/2c Green Peas 1/2c Fresh Fruit or Fruit Cup 1/2c Milk-8oz	1C Romaine Lettuce=1/2c Steamed Broccoli 1/2c Fresh Fruit or Fruit Cup 1/2c Milk-8oz Hersey's Chocolate Sunday Cup
19 Breaded Chic On Bu	•	20 Taco in a Bag Seasoned Rice	21 Grilled Cheese Sandwich	22 Cheeseburger on Bun	No School
Green Bear Grape Tomat Fresh Fruit or Fr Milk-80	oes 1/2c uit Cup 1/2c	Vegetarian Beans 1/2c Seasoned Corn 1/2c Fresh Fruit or Fruit Cup 1/2c Milk-8oz	Potatoes 1/2c Steamed Carrots 3/4c Fresh Fruit or Fruit Cup 1/2c Milk-8oz	Roasted Corn 1/2 c Fresh Fruit or Fruit Cup 1/2c Milk-8oz	MEMORIAL · * DAY * · ·
26 Happy Memo	rial Day!	27 Nacho Grande	28 Mozzarella Sticks W/Dipping Sauce	29 <u>Breakfast for Lunch</u> French Toast Sticks Sausage Patty/Tater Tots	30 Spaghetti w/Meat Sauce WG Dinner Roll
		Baked Beans 1/2c Roasted Cauliflower 1/2c Fresh Fruit or Fruit Cup 1/2c Milk-8oz	Mixed Vegetables1/2c Fresh Carrots 3/4c Fresh Fruit or Fruit Cup 1/2c Milk-8oz	NYS Potatoes and Onions 1/2c Roasted Carrots 1/2c Fresh Fruit or Fruit Cup 1/2c Milk-8oz	1C Romaine Lettuce=1/2c Steamed Broccoli 1/2c Fresh Fruit or Fruit Cup 1/2c Milk-8oz

## NYS LOCAL FOODS \*Upstate Farms Milk, Yogurt, Sour Cream Eden Valley Growers

Assorted Fruits &
Vegetables
used in Meal Program
highlighted in green

The Following Entrees Served Daily:

6" Subs and Wraps (2M2G)

Pre-Made Salads (Includes Flatbread) 2M2G

Peanut Butter & Jelly Sandwich (2M2G)

Fruit & Yogurt Parfait w/Flatbread(2M2G)

Cheese or Cheese & Pepperoni Pizza

Offered daily with all School Lunches:

Fresh or Prepared Fruit (Must take ½ cup of Fruit or Vegetable – may take up to 1 cup)

NY State 8oz 1% Milk or Fat Free Chocolate Milk

\*Menus Subject to Change